

7 Brew Coffee

5117 Essen Lane · Baton Rouge, LA · (225) 800-9095

NUTRITION GUIDE

7 ORIGINALS (70-920 CAL)

Sugar-Free Banana Bread Mocha -

Kids Iced beverage with milk

Sugar-Free Banana Bread Mocha -

Small Iced beverage with milk

Sugar-Free Blondie Breve -

Kids Frozen Chiller beverage with milk and soy

Sugar-Free Brunette Mocha -

Kids Iced beverage with milk and soy

7 CLASSICS (0-930 CAL)

Sugar-Free Blondie Cold Brew -

Small Iced beverage with milk and soy

Sugar-Free Brunette Cold Brew -

Small Iced beverage with milk and soy

Sugar-Free Caramel Breve -

Kids Frozen Chiller beverage with milk and soy

7 ENERGY (0-360 CAL)

Sugar-Free Brewberry 7 Energy -

Small Iced beverage

Sugar-Free Ocean Breeze 7 Energy -

Small Iced beverage

Sugar-Free Sunrise 7 Energy -

Small Iced beverage

7 FIZZ SODA (0-360 CAL)

Sugar-Free Peaches 'n Cream 7 Fizz Soda -

Kids Iced beverage

Sugar-Free Sunrise 7 Fizz Soda -

Kids Iced beverage

7 Fizz Soda -

Small Iced beverage

Blood Orange 7 Fizz Soda -

Kids Iced beverage

TEAS, CHAI & MATCHA (0-600 CAL)

Sugar-Free Brewchata Chai -

Kids Frozen Chiller beverage with almond

Sugar-Free Cereal Milk Matcha

Kids Frozen Chiller beverage with milk

Black Tea

Kids Iced beverage

Chai Latte

Kids Frozen Chiller beverage with milk

LEMONADES (70-970 CAL)

Sugar-Free Cocoberry Lemonade

Kids Iced beverage

Cocoberry Lemonade

Kids Iced beverage

Fruit Roll-Up Lemonade

Kids Iced beverage

Lemonade

Kids Iced beverage

SMOOTHIES (150-970 CAL)

Blackberry Cobbler Wildberry

Kids Smoothie with milk

Mango

Kids Smoothie with milk

Peach

Kids Smoothie with milk

Strawberry

Kids Smoothie with milk

SHAKES (160-940 CAL)

Sugar-Free Rocky Road

Kids Shake with milk and soy

Birthday Cake

Kids Shake with milk

Cookies & Cream

Kids Shake with milk

Rocky Road

Kids Shake with milk

BAKERY (470-560 CAL)

Blueberry Muffin Top

Contains egg, milk, soy, wheat

Chocolate Chip Muffin Top

Contains egg, milk, soy, wheat

Lemon Poppyseed Muffin Top

Contains egg, milk, soy, wheat

TOPPINGS & DRIZZLES (15-130 CAL)

Cold Foam

Contains milk

Cream

1oz portion, contains milk

Whipped Cream

Contains milk and soy

Caramel Drizzle

1oz portion, contains milk